



# **+** St. Camillus

A Life Plan Community

*Take a Look Inside Our New Memory Care*

- **Apartments:** Studios are private and larger to allow familiar furniture from the resident's previous residential setting.
- **Memory boxes:** Memory boxes are installed just outside each resident room and contain personal memorabilia so that residents don't have to remember room numbers or location, but can rely on recognition of iconic images from their pasts.
- **Households:** Apartments are grouped together in 12 person households to help emulate a residential setting thus limiting any confusion due to the size of each household. With the smaller household comes lower noise levels which reduce frustration and increase the ability to create a setting for effective programming.
- **Virtual hallways** – Where possible, hallways have been eliminated, thus allowing residents to become familiarized with where they are on the household and more importantly how to get back to their apartment. The wider hallways make travel safer with walkers and wheelchairs.
- **Safe wandering** – Each 24 unit neighborhood is specifically designed to support meaningful wandering in a racetrack design that loops residents safely back to their origination.
- **Household common areas:** The living rooms and dens are designed to be residentially scaled for familiarity, however, they are also designed to support 2-3 smaller activities concurrently if necessary.
- **Common areas:** A new chapel has been provided to support the needs of the memory care residents – designed specifically as a personalized worship experience. New larger activity areas have been provided to support larger group programs adjacent to both memory care neighborhoods.
- **Neighborhood Support Areas:** New areas include a beauty shop, therapy spaces, fitness room and outdoor therapy courtyard.
- **Outdoor areas:** All 48 units of memory care have access to the adjacent secure courtyard with minimal staff intervention. A second floor outdoor walking and patio space with stand-up gardens is also available.



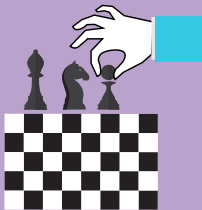
- **Specialized staff education:** St. Camillus clinical and direct care teams are trained initially and on an ongoing basis to understand the characteristics of the different dementia stages and the appropriate therapeutic care techniques, including targeted communication and behavior management approaches.



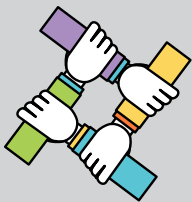
- **Consistent staffing:** There is clear value in having consistent staffing where each resident receives services from a familiar group of caregivers which fosters strong relationship development.



- **Dementia Specialist Certification:** Every memory care staff member receives an additional 16 hours of interactive dementia training through the Alzheimer's Association.



- **Life enrichment programming:** St. Camillus focuses on both the strengths and skills of our residents, by providing activities to do with residents, rather than for them. While providing a sense of community and respecting individual preferences, residents receive an enhanced overall quality of life by preserving and utilizing functional abilities. Our program focuses on physical, cognitive, social, creative, spiritual, and helping hand enrichment.



- **Community Contacts:** St. Camillus is proud to partner with numerous programs in the greater community to provide additional programming opportunities to our residents. St. Camillus' partnerships include: the Duet Biking Buddies Program, It's Never 2 Late program, the Wauwatosa Day Care, Master Gardeners, SPARK! program, Kathy's House, Mount Mary Art Therapy, Mary Kay Consulting, and Children's Hospital of Wisconsin.



- **Volunteers:** St. Camillus has over 200 volunteers who provide support and companionship to our residents through unique and personalized relationships.